

Fulfilled Destiny 4 years & up Menu

<b>Week 1</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner/Supper</b>
Monday	Turkey links, mini pancakes, fresh strawberries, <b>milk</b>	Chicken nuggets, French fries, green beans, applesauce, <b>milk</b>	Turkey & cheese sandwich, carrot sticks, fruit snacks, <b>milk</b>
Tuesday	Cereal, bananas, <b>milk</b>	Beef tacos, corn, peaches, <b>milk</b>	Chicken salad sandwich, chips, orange slices, <b>milk</b>
Wednesday	Turkey links, mini pancakes, blueberries, <b>milk</b>	Cheese pizza, broccoli, pears, <b>milk</b>	Beef Ravioli, mixed vegetables, fruit cocktail, <b>milk</b>
Thursday	Cereal, mixed berries, <b>milk</b>	Turkey hot dog, baked beans, apple slices, <b>milk</b>	Grilled cheese, tomato soup, fruit snacks, <b>milk</b>
Friday	Turkey links, mini pancakes, grapes, <b>milk</b>	Pizza puffs, corn, pineapple, <b>milk</b>	SpaghettiOs, green beans, peaches, <b>milk</b>

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<b>Week 2</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner/Supper</b>
Monday	Cereal, strawberries, <b>milk</b>	Chicken tenders, mashed potatoes, carrots, applesauce, <b>milk</b>	Turkey & cheese wraps, chips, grapes, <b>milk</b>
Tuesday	Turkey links, mini pancakes, bananas, <b>milk</b>	Sloppy Joe (beef), tater tots, peaches, <b>milk</b>	Chicken salad sandwich, cucumber slices, fruit snacks, <b>milk</b>
Wednesday	Cereal, blueberries, <b>milk</b>	Cheese pizza, broccoli, pears, <b>milk</b>	Beef Ravioli, mixed vegetables, pineapple, <b>milk</b>
Thursday	Turkey links, mini pancakes, oranges, <b>milk</b>	Turkey hot dogs, baked fries, watermelon, <b>milk</b>	Chicken quesadilla, corn, applesauce, <b>milk</b>
Friday	Cereal, apples, <b>milk</b>	Chicken nuggets, fries, green beans, peaches, <b>milk</b>	SpaghettiOs, carrots, fruit cocktail, <b>milk</b>

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<b>Week 3</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner/Supper</b>
Monday	Turkey links, mini pancakes, grapes, <b>milk</b>	Beef tacos, Spanish rice, pineapple, <b>milk</b>	Turkey sandwich, chips, fruit snacks, <b>milk</b>
Tuesday	Cereal, bananas, <b>milk</b>	Pizza puffs, corn, peaches, <b>milk</b>	Chicken salad, crackers, apple slices, <b>milk</b>
Wednesday	Turkey links, mini pancakes, strawberries, <b>milk</b>	Cheese pizza, green beans, pears, <b>milk</b>	Beef Ravioli, broccoli, mixed fruit, <b>milk</b>
Thursday	Cereal, blueberries, <b>milk</b>	Turkey hot dogs, baked beans, oranges, <b>milk</b>	Grilled cheese, tomato soup, fruit snacks, <b>milk</b>

<b>Week 3</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner/Supper</b>
Friday	Turkey links, mini pancakes, watermelon, <b>milk</b>	Chicken nuggets, fries, carrots, applesauce, <b>milk</b>	SpaghettiOs, mixed vegetables, peaches, <b>milk</b>

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<b>Week 4</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner/Supper</b>
Monday	Cereal, strawberries, <b>milk</b>	Chicken fajitas, corn, pineapple, <b>milk</b>	Turkey & cheese sandwich, chips, fruit snacks, <b>milk</b>
Tuesday	Turkey links, mini pancakes, bananas, <b>milk</b>	Beef tacos, black beans, peaches, <b>milk</b>	Chicken salad sandwich, cucumber slices, <b>milk</b>
Wednesday	Cereal, grapes, <b>milk</b>	Cheese pizza, broccoli, pears, <b>milk</b>	Beef Ravioli, green beans, fruit cocktail, <b>milk</b>
Thursday	Turkey links, mini pancakes, oranges, <b>milk</b>	Turkey hot dogs, fries, applesauce, <b>milk</b>	SpaghettiOs, carrots, pineapple, <b>milk</b>
Friday	Cereal, blueberries, <b>milk</b>	Chicken nuggets, fries, corn, watermelon, <b>milk</b>	Pizza puffs, fruit snacks, mixed fruit, <b>milk</b>

**\*Food allergies will be accommodated with substitutions**

Please note fruit selections may vary